

Name: ..... NHS No: ..... D.O.B: .....

### SPIRITUALITY CORE CARE PLAN

**Goal:**

..... and / or relatives / carers are given the opportunity to discuss what is important to them.

**Interventions:**

1. The Registered Nurse will undertake an assessment to identify wishes, beliefs, feelings, faith and values of patient and / or relatives / carers.
2. Patients and / or relatives / carers should be given the opportunity (if possible) to discuss:
  - What helps them to cope with difficult situations
  - What can be done to help them at this time
  - Is there anything from their cultural or faith background that would help (e.g. significant people, rituals / rites, scriptures / prayers, music, photographs)

3. Please document any specified religious traditions: .....

4. The patient and / or relatives / carers are offered support of the chaplaincy team / religious or faith leader.

Religious leader to be contacted(*please circle*):    Yes        No        Already involved

Name: ..... Telephone no: .....

5. Identify and document the patient's and / or relatives / carers needs and wishes now and after death. Please specify: .....

.....  
.....  
.....

6. ....  
.....

7. ....  
.....

Care plan completed by:

Name (*print*) ..... Designation ..... Signature .....

Care plan agreed and discussed with: (*circle*) patient / relative/ carer Name .....

Date care plan commenced: ..... Time commenced: .....

