

Name: NHS No: D.O.B:

RESPIRATORY TRACT SECRETIONS CORE CARE PLAN

<p>Problem / Need: is experiencing distressing respiratory tract secretions.</p>	<p>Goal: will have their respiratory tract secretions controlled to an acceptable level.</p>
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- Interventions:**
1. The Registered Nurse will undertake an assessment to identify physical, psychological and environmental causes of respiratory tract secretions.
 2. All staff to ensure comfort measures are available, e.g. call bell, positional change.
 3. Consider potential concerns of relatives / carers regarding noisy breathing. Explain, that although upsetting, this does not often distress the dying person.
 4. Administer prescribed medication and consider non-pharmacological interventions, alongside regular assessment and review.
 5. Document the presence of distressing respiratory tract secretions.
1. The Registered Nurse will supervise and support health and social care assistants / carers / relatives to assess, monitor and report to nursing staff if any problems with respiratory tract secretions.
 2. Registered Nurse to liaise with Medical Practitioner and / or Specialist Palliative Care Team, if symptoms remain uncontrolled and side effects are problematic.
 3.
 4.
 5.

Care plan completed by:
Name (*print*) Designation Signature

Care plan agreed and discussed with: (*circle*) patient / relative / carer Name
Date care plan commenced: Time commenced:

